



Referral WAIT LIST POLICY:

Cambridge Lifeskills is a Registered Charity supported by local business, our community & grants, we have limited resources and often have a waitlist. Rest assured that our Board works tirelessly to continue to source funds to ensure we can reduce our waitlist as quickly as possible.

What is the age of the child referred?

5-7 Years

8-15 Years

Cambridge Lifeskills supports the work of Child Centered Play Therapy for this age group. Therapists currently have full caseloads & there is a waitlist you are welcome to make a referral.

We do our best to keep our wait time as short as possible. We aim to have these rangatahi start sessions with one of our counsellors within 2 -10 weeks.

WAITLIST: All referrals are triaged by Cambridge Lifeskills Clinical Manger and either allocated to a Counsellor or Child Centered Play Therapist, placed on our waitlist or referred on to another more suitable service. If the circumstances of the referral change, or if you have concerns for the safety of your child / young person please see your GP.

How do I get support for my child / young person?

If you have private health insurance – check if your policy covers counselling for your child.

Are you able to pay for Private therapy?

YES

NO

Private Counsellors

If your child is at immediate risk please dial 111

Natalie Gibbons Counselling phone 021 187 7417
MindfulCare Ltd Mindfulcare.co.nz
Craig Whisker 021 213 9921
Being My Best email sue.b.lyon@gmail.com

Please see your GP - they can make recommendations to support you and your child.
Other options: Need to Talk 1737 Free call or Text anytime.
Free Parenting Helpline 0800 568 856 All issues - all ages | 9am – 9pm | 7 days
Youthline 0800 37 66 33.